



Alternative learning

How to stimulate learning with everyday activities?

Advice

- Cooking / baking with the child:

This is an ideal opportunity to learn to read, calculate proportions, feel different consistencies, learn vocabulary, etc.

- Help with the housework:

Setting the table, clearing away the dishes, making the bed, cleaning the room, etc. This will help your child learn to be responsible and independent.

- Playing board games:

Board games are a good way to learn social rules, such as waiting one's turn, tolerance and dealing with frustration, etc.



- Let the child be bored:

Boredom is an incredibly creative force. Children will find their own way to keep busy and let their creativity run free.

- Go for a walk outside:

Be aware of the measures currently required by the Ministry of Health!

Walks in nature are an excellent way to learn to explore, to observe the changes in nature, to learn new vocabulary and above all to get some fresh air and let off steam.

- Handicrafts:

Even with little means, you can create beautiful works of art. Maybe you take the opportunity to use recycled products and thus breathe new life into objects. This is a great way to teach your child about recycling.

- Do sports:

You don't need a lot of equipment to try out little sports exercises at home. Children need to move around, and this is a great way to develop motor skills.

- Role play:

The child can express and process his/her experiences through play.

Especially in these times it is important to be able to express oneself through play.

- Construction games:

This is an excellent way to make projects, plan actions and set a short-term goal that can be achieved. Be it with Lego, Kappla, puzzles or even with everyday objects, for example to build a hut.

- Talk, discuss and sing with the child:

This is an extraordinary situation and difficult to understand. It is important to explain the situation to the child and also to talk to him or her in general. We can use the opportunity to learn new words, nursery rhymes, songs, etc.